

**FRAME OF MIND COUNSELING \* CATHERINE R. VICKNAIR \* 225-663-5495  
11847 BRICKSOME AVE., STE B  
BATON ROUGE, LA, 70816**

## **CONSENT TO TREATMENT**

### **CONFIDENTIALITY**

Catherine Vicknair, MS, LPC, NCC fully supports and protects your privileges of confidentiality when using our services. She will only release information to designated parties at your request when a signed release of information is completed. However, exceptions to the privilege of confidentiality exist to protect you as a client, or to protect the public at large. Catherine Vicknair, MS, LPC, NCC may contact family members or relevant authorities when a client is a danger to him/her/themselves from self-destructive impulses or from inability to provide self-care. Threatened individuals are notified as required by law when a client reveals intentions to do harm to such persons. Catherine Vicknair, MS, LPC, NCC is also required by law to report suspected or confirmed child abuse, neglect or molestation of children, and confirmed abuse of the elderly. Finally, court orders may require Catherine Vicknair, MS, LPC, NCC to release otherwise privileged information.

### **APPOINTMENTS AND CANCELLATIONS**

Therapy and testing services are available by appointment only. Therapy sessions typically last 45 to 50 minutes, which constitutes a “treatment hour.” A minimum of 24 hours advance notice is expected to cancel appointments except in the case of emergencies. Catherine Vicknair, MS, LPC, NCC and/or Frame of Mind Counseling request that you notify the office of cancellations as early as possible so that the time reserved exclusively for you may be rescheduled by your therapist.

### **CONTACT**

Catherine Vicknair, MS, LPC, NCC is only available by email which is used as her primary source of communication. She can be contacted at [vicknair@frameofmindcounseling.com](mailto:vicknair@frameofmindcounseling.com). Clients may call the business line during office hours, or they can leave a message after business hours. In case of emergencies, call 911 or your local authorities.

### **FINANCIAL ARRANGEMENTS**

Fees for services by Catherine Vicknair, MS, LPC, NCC range from **\$100.00 - \$170.00** per hour unless otherwise agreed upon in advance. Clients are fully responsible for payment of fees at the time services are rendered except when other specific written arrangements have been made. If this account is unpaid within thirty (30) days, I, the client, agree to pay all collection costs, including attorney fees and court costs.

**My signature below indicates that I have read the above Informed Consent Agreement and understand its provisions. I will inquire with Catherine Vicknair, MS, LPC, NCC where clarifications are needed.**

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Printed Name of Client

Date

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Signature of Client

Date